

Adventure Weekend packing List

General packing:

Clothes

- T-shirts
- Modest shorts
- Long pants
- Underwear
- Tennis shoes
- Warm jacket/ sweatshirt
- Rain coat or poncho
- Laundry bag or trash bag
- Socks
- Sandals/relax at camp shoes

Miscellaneous

- Pillow
- Note pad and pen
- Small Bible
- Flashlight & batteries
- Camera (optional)
- Warm sleeping bag (Please check the temperature forecast)
 - You can also borrow one from our program.
- Old fitted, twin sheet (optional)
- Day pack (mostly used to carry water bottle and jacket)
- ANY MEDICATIONS YOU MIGHT NEED

Toiletries

- Shampoo/soap
- Toothbrush & paste
- Comb & brush
- Sunscreen
- Towel
- Deodorant
- Bug repellent

Camp Specific Items

Canoe

- Clothes that can get wet (synthetic, NOT cotton)
- Shoes that can get wet, but will stay on in a river
- Sunglass strap
- Dry bag (optional, but recommended)

Rappel

- Pants or long shorts (to wear with harnesses)
- Shoes to hike and climb in (Tennis shoes)
- Gloves to rappel with (optional, your personal preference)

With a Twist

- No Additional items.